

DECEMBER 2017

Lebensraum



Leadership Team

Owners

Deb Halm

Joyce Cantrell

Manager

Megan Corona

Activities Director

Giann Willey

Nurse

Sandy Fowler

Kitchen Manager

Lasha Hudson

Welcome to Our Home
We welcome visitors to tour
our home. We are sure you
will find our home
beautiful and our staff and
residents friendly and
delightful!

To set up your personal visit,
please contact Deb or Megan
at (308)382-9066

Up Coming Birthday's

Lucille January 1st, Gordon January 5th,

Charlene January 5th

Dorthy H January 14th Phyllis J January 19th

Marjore January 20th Ruth January 30th

During the winter month's ice, snow, and cold temperatures can make life challenging for everyone.

Avoid Slipping on Ice

Icy snowy roads and sidewalks make it easy to slip and fall. Often these falls cause major injuries such as hip and wrist fractures, head trauma and major lacerations. Make sure to wear shoes with good traction and non-skid soles, and stay inside until roads are clear. Replace a worn cane tip to making walking easier. Take off shoes as soon as you return indoors because often snow and ice attach to the soles and, once melted can lead to slippery conditions inside.

Dress for Warmth

Cold temperatures can lead to frostbite and hypothermia a condition where the body temperature dips too low. Going outside? Wear warm socks, a heavy coat, gloves and a scarf. In very cold temperatures, cover all exposed skin. Use a scarf to cover your mouth and protect your lungs.



Yahtzee



Lunch Date with Gordon, Shirley & Norma



Phylis Got a Yahtzee!



Tail Gate Party!



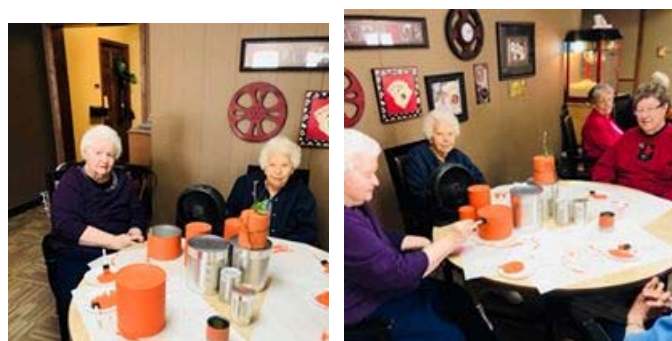
Playing a little 9- Hole Golf



Gordon Playing 31 Blitz



Leland Veteran Pinning



Crafting it up!



Your Return Address
Street Number and Name
City, State ZIP Code

Postage
Information

Your Mailing Address
Street Number and Name
City, State ZIP Code

